

## 1-DAY COURSE FOOTBALL BRAINING

MODULE 1

SATURDAY 7 DECEMBER • SPORTSCHULE OBERHACHING • MÜNCHEN

PLAYERS DESERVE BETTER COACHES

# WITHIN 24 HRS AFTER THE COURSE I WAS ALREADY COACHING WITH A DIFFERENT PERSPECTIVE.

In this 1-day Football Braining course (module 1) you will be presented the football specific psychology concept. In particular, you will receive communicative tools to be more precise and to-the-point when coaching the psychological aspect in football.

You will also get coaching tools to increase the demands within football exercises and to overload (the brain of) your players. You will learn how to apply the latest brain science in football training at all levels and age groups.

After finishing this Football Braining course you will be eligible to apply for the WFA International Education Pathway and in particular for the Level 1 course Football Braining Experience. This annual 5-day course will take place in Lisbon, Portugal with 20 coaches from around the world.



### **PROGRAM**

08:00 – 09:15am Universal Football Thinking Reference

09:15 – 09:45am Coffee break

09:45 – 11:00am Football Thinking Characteristics

11:00 – 12:00pm Lunch

12:00 – 01:15pm Overloading the Football Brain

01:15 – 01:45pm Coffee break

01:45 – 03:00pm Coaching Football Thinking



#### **REGISTRATION DETAILS**

#### **DELEGATE FEE**

1-Day Course Football Braining € 145,- (incl. VAT)

Fee includes: course, lunch and coffee breaks.

#### **REGISTRATION**

Send your registration via e-mail to info@fussballschule.tirol

In the e-mail provide the following information:

- your name, club/organisation and role
- billing address and mobile number

Also inform us of any allergies or other considerations that have to be taken into account.

#### **VENUE**

Sportschule Oberhaching
Im Loh 2 · D- 82041 Oberhaching - Germany
www.sportschule-oberhaching.de



#### **EDUCATIONAL PATHWAY**









LEVEL 4

PERSONAL

DEVELOPMENT

COURSE

1-5 SEPTEMBER 2019



LEVEL 5

REFERENCE

THINKING RETRAIT OCTOBER 2020



#### **TERMS & CONDITIONS**

#### PRACTICE WHAT YOU PREACH

By registering for this course you confirm that you will arrive in time before the start of the course and will not depart any earlier than the closure of the course on the final course day. During the course you will have the same professional behavior as you expect from your players on a daily basis.

#### 'DRESSING ROOM' LEARNING ENVIRONMENT

As a coach you take your players outside their comfort zone to allow them to improve. You create uncomfortable and challenging situations for your players and you expect them to deal with it. This is what we call overload. World renowned coach educator Raymond Verheijen is well-known for applying this same principle when educating coaches. So, this course will not be your normal comfortable coaching course. Instructor Verheijen will create his famous challenging and uncomfortable 'dressing room' environment to help accelerate your development as a coach. Please only register if you are ready to challenge yourself and your beliefs. Do not register if you are easily offended.

#### **CANCELLATION AND REFUND**

The course fee is non-refundable after registration and payment.

#### LIMITATIONS OF LIABILITY

On behalf of yourself, you hereby acknowledge and accept that neither Football Coach Evolution nor its Affiliates shall be liable or responsible to you (or anyone claiming through you) for any indirect, incidental, consequential, special, exemplary, punitive or other damages under any legal or equitable theory (including without limitation, contract, tort negligence, strict liability, statute, regulation, rule or other theory) arising out of or relating in any way to the Course or any Service and/or any recommendation, news, information or other content, product or service received or obtained through the Course or any Service, including without limitation any service, product or content from any third party service provided. Your sole remedy for dissatisfaction with the Course or any Service is to stop using it.

