



INDIVIDUAL TRAINING WITHIN TEAM TRAINING

BY RAYMOND VERHEIJEN

FEBRUARY 4
CHICAGO, IL

FEBRUARY 5
ROCHESTER, NY

FEBRUARY 6
MELBOURNE, FL

FEBRUARY 8
SAN FRANCISCO, CA

PLAYERS DESERVE BETTER COACHES



ABOUT RAYMOND VERHEIJEN

In 2002, Raymond Verheijen was involved with the Korean National Team reaching the World Cup semi final. His 'power program' developed one of the fittest teams in the history of the game. He was also involved with Korea during the World Cup 2010 in South Africa. As a youth player Raymond Verheijen (1971) was part of the famous Dutch Youth Academy structure. Unfortunately, the dream of a professional career ended as a chronic injury forced him to retire at the young age of 18. This disadvantage became an advantage as Verheijen started his coaching career at the age of 19. He studied Exercise Physiology and Sport Psychology at the Free University Amsterdam and completed his Masters Degrees in 1995. In 1995, Verheijen developed his Masters thesis into the book 'Conditioning for Soccer' which became the coach education book of the Dutch FA (KNVB) in 1997. Verheijen became a pro-licence instructor at the Dutch FA in 1998. In 2014, Verheijen published the best-selling book 'Football Periodisation'. More than 30.000 copies have been sold worldwide. Verheijen has been involved as an assistant or consultant in 4 World Cups and 4 EURO's and with several European top clubs like FC Barcelona, Chelsea and Manchester City.



“ **INDIVIDUAL DEVELOPMENT TO BECOME THE BEST POSSIBLE TEAM PLAYER**

INDIVIDUAL TRAINING (WITHIN TEAM TRAINING)

In football, the communication between players is of the highest order. This verbal and non-verbal communication is trained in tactical training sessions. In such tactical training the coach teaches his players a tactical reference in terms of WHAT they are supposed to do together when attacking, defending and transitioning. For example, if the team tactical reference is 'disturbing the build-up of the opponent horizontally' it means that players have to shift from left to right or from right to left. This is WHAT players are supposed to do. But HOW each player shifts horizontally can not be determined in advance by the coach because football is not a game of robots.

The HOW of football actions in terms of position, moment, direction and speed is the responsibility of the player. It is the decision making (game insight) and the execution of decisions (technique) by individual players within the team tactical reference. This is something else than developing the communication between players (tactics) but it still does take place within the team tactical training. In other words, it is the individual training within team training.



PROGRAM INDIVIDUAL TRAINING (WITHIN TEAM TRAINING)

09:30 – 10:45am **Football Action Analysis (model)**

10:45 – 11:15am *Coffee break*

11:15 – 12:30pm **Football Action Analysis (analysing clips)**

12:30 – 01:30pm *Lunch*

01:30 – 02:30pm **Individual Training within Team Training: methodology**

02:30 – 03:00pm *Coffee break*

03:00 – 04:00pm **Individual Training within Team Training: coaching football actions**



REGISTRATION DETAILS CHICAGO, ILLINOIS TUESDAY FEBRUARY 4

DELEGATE FEE

Early Bird registration before December 15: **\$199**

Registration after December 15: **\$249**

Fee includes coffee, course and certificate.

REGISTRATION

Coaches can register by sending an email to **info@fcevolution.com**

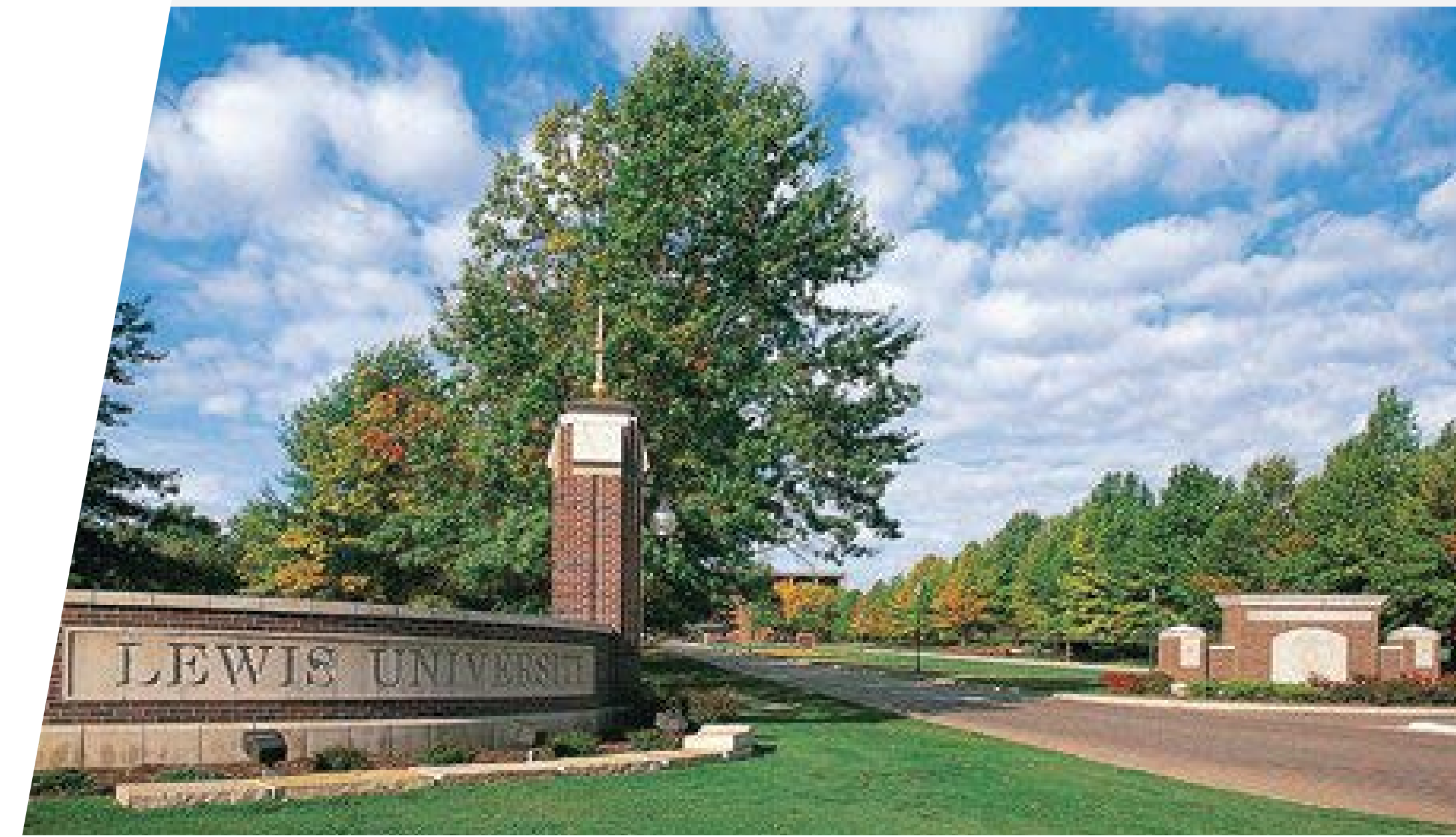


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TO RECEIVE UPDATES ON COURSES**

@FCEvolutionUSA

VENUE

Lewis University
One University Parkway
Romeoville, IL 60446



REGISTRATION DETAILS ROCHESTER, NEW YORK WEDNESDAY FEBRUARY 5

DELEGATE FEE

Early Bird registration before December 15: **\$199**

Registration after December 15: **\$249**

Fee includes coffee, course and certificate.

REGISTRATION

Coaches can register by sending an email to **info@fcevolution.com**



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VENUE

Rochester Institute of Technology
Student Alumni Union, 1829 Room
51 Lomb Memorial Drive
Rochester, NY 14623



REGISTRATION DETAILS MELBOURNE, FLORIDA THURSDAY FEBRUARY 6

DELEGATE FEE

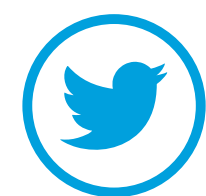
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VENUE

Eastern Florida State College

Student Union

3865 N Wickham Road

Melbourne FL 32935



REGISTRATION DETAILS SAN FRANCISCO, CALIFORNIA SATURDAY FEBRUARY 8

DELEGATE FEE

Early Bird registration before December 15: **\$199**

Registration after December 15: **\$249**

Fee includes coffee, course and certificate.

REGISTRATION

Coaches can register by sending an email to info@fcevolution.com



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VENUE

Ellen Driscoll Playhouse

325 Highland Ave

Piedmont, CA 94611



INTERNATIONAL PATHWAY



TERMS & CONDITIONS

PRACTICE WHAT YOU PREACH

By registering for this course you confirm that you will arrive in time before the start of the course and will not depart any earlier than the closure of the course on the final course day. During the course you will have the same professional behaviour as you expect from your players on a daily basis.

‘DRESSING ROOM’ LEARNING ENVIRONMENT

As a coach you take your players outside their comfort zone to allow them to improve. You create uncomfortable and challenging situations for your players and you expect them to deal with it. This is what we call overload. World renowned coach educator Raymond Verheijen is well-known for applying this exact same principle when educating coaches. So, this course will not be your normal comfortable coaching course. Instructor Verheijen will create his famous challenging and uncomfortable ‘dressing room’ environment to help accelerate your development as a coach. Please only register if you are ready to challenge yourself and your beliefs.

Do not register if you are easily offended

CANCELLATION AND REFUND

Course fee is non-refundable after registration and payment.

LIMITATIONS OF LIABILITY

On behalf of yourself and your heirs, successor and assigns, you hereby acknowledge and accept that neither Football Coach Evolution, Check-TrayOne AS nor its Affiliates shall be liable or responsible to you (or anyone claiming through you) for any indirect, incidental, consequential, special, exemplary, punitive or other damages under any legal or equitable theory (including without limitation, contract, tort negligence, strict liability, statute, regulation, rule or other theory) arising out of or relating in any way to the Course or any Service and/or any recommendation, news, information or other content, product or service received or obtained through the Course or any Service, including without limitation any service, product or content from any third party service provided. Your sole remedy for dissatisfaction with the Course or any Service is to stop using it.

