

GOALPLAYER COACHING MENTORSHIP THE NETHERLANDS

BY FRANS HOEK & RAYMOND VERHEIJEN

📍 NEC NIJMEGEN



16-18

DECEMBER 2025

THE EVOLUTION FROM GOALKEEPER TO GOALPLAYER

The role of the traditional goalkeeper has changed. Today's goalplayer is not only the player keeping the goal with defending actions. Almost 70% of all actions are attacking contributions. This shift requires a new way of thinking and coaching. The project The Evolution from Goalkeeper to Goalplayer by Frans Hoek and Raymond Verheijen offers a clear framework for this development. Its starting point is simple: the goalplayer is an integral part of the team, and therefore the head coach is responsible for this player. The head coach can delegate this responsibility to the goalplayer coach who is the assistant-coach, specialised in coaching the goalplayer. Therefore, in this mentorship you will not learn to integrate the goalplayer back into team training but to only isolate the goalplayer from team training when training objectives cannot be met in a team context.



During this 3-day mentorship at Dutch Eredivisie club NEC Nijmegen in the Netherlands, participants will translate this vision into practice.

Frans Hoek will deliver on-field sessions with the youth teams of NEC Nijmegen, showing how to coach goalplayers in a team setting. He will pay special attention to the cooperation between the head coach, assistant coaches and the goalplayer coach.

Raymond Verheijen will provide the tactical and methodological framework, connecting training design to the demands of the modern game.

This mentorship is designed for head coaches, assistant coaches, and goalplayer coaches who want to prepare their teams for the reality of modern football. It offers practical tools, a shared language, and a clear methodology to integrate the goalplayer into the team's playing style.

Join this unique opportunity to work directly with two of football's leading experts on one of the most important evolutions in the game.



ABOUT FRANS HOEK

Frans Hoek is an internationally recognized football coach specialized in goalplayer coaching and set plays with over 40 years of experience at the highest level of the game. Frans has worked with club teams like AFC Ajax, FC Barcelona, Bayern Munchen, Manchester United and Galatasaray. He also worked with the National teams of The Netherlands (4 times), Poland and Saudi Arabia. Frans coached at 3 World Cups and one Euro.

Frans Hoek was the first-ever specialist in goalkeeper coaching appointed by Johan Cruyff in 1985 at AFC Ajax Amsterdam. Through his teaching, consultancy and publications, Frans is influencing the football world in improving the role of the goalplayer within the team. He has published several books and videos visualising his evolution from goalkeeper to goalplayer

coaching. Frans has recently founded the Goalplayer coaching project encouraging the entire coaching staff to take responsibility for the coaching of this specific playing position within the team coaching.



ABOUT RAYMOND VERHEIJEN

Raymond Verheijen is an internationally recognised football coach and periodisation expert with over 25 years of experience at the highest levels of the game. He has worked with national teams at four FIFA World Cups and four UEFA European Championships, including the Netherlands, South Korea and Russia, as well as elite clubs such as FC Barcelona, Chelsea, Manchester City, and Feyenoord Rotterdam.

Renowned for developing the concept of Football Periodisation, Verheijen has pioneered a football-specific approach to fitness training that integrates tactical and fitness development. He is widely regarded as a thought leader thanks to his football philosophical approach, which has generated new knowledge and insights in modern football.

Since 2010, he has led Football Coach Evolution (FCE), delivering annual coach education on all continents and providing consultancy for clubs and coaches in international football. He is also the author of several internationally best-selling books, including Original Guide To Football Periodisation, Football Coaching Theory, Tactical Principles, Analysing Football, and Designing Training Situations.

Through his teaching, consultancy, publications, and philosophical contributions, Verheijen continues to advance the global conversation on football, fitness and periodisation, helping professionals bridge the gap between the football context and science.



PROGRAM **TUESDAY DECEMBER 16**

08:00 – 09:30am	Training Methodology for Attacking Goalplayer Actions - Raymond Verheijen
09:30 – 11:00am	Training Session Preparation: Cooperation within Coaching Staff between Head Coach, Assistant Coach & Goalplayer Coach
11:00 – 12:30pm	Goalplayer Training within NEC Nijmegen Under 19 Team Training Delivered by Frans Hoek & NEC Nijmegen Under 19 Staff
12:30 – 01:00pm	Training Session Evaluation
01:00 – 02:00pm	Lunch
02:00 – 03:30pm	Analysing Attacking Goalplayer Actions - Frans Hoek
03:30 – 05:00pm	Training Session Preparation
05:00 – 06:30pm	Goalplayer Training within NEC Nijmegen Under 15 Team Training Delivered by delegates and mentored by Frans Hoek
06:30 – 07:00pm	Training Session Evaluation
07:00 – 08:00pm	Dinner
08:00 – 10:00pm	Attacking Goalplayer Actions: Conclusions & Evaluation Frans Hoek & Raymond Verheijen



PROGRAM **WEDNESDAY DECEMBER 17**

08:00 – 09:30am	Training Methodology for Defending Goalplayer Actions - Raymond Verheijen
09:30 – 11:00am	Training Session Preparation: Cooperation within Coaching Staff between Head Coach, Assistant Coach & Goalplayer Coach
11:00 – 12:30pm	Goalplayer Training within NEC Nijmegen Under 19 Team Training Delivered by Frans Hoek & NEC Nijmegen Under 19 Staff
12:30 – 01:00pm	Training Session Evaluation
01:00 – 02:00pm	Lunch
02:00 – 03:30pm	Analysing Defending Goalplayer Actions - Frans Hoek
03:30 – 05:00pm	Training Session Preparation
05:00 – 06:30pm	Goalplayer Training within NEC Nijmegen Under 15 Team Training Delivered by delegates and mentored by Frans Hoek
06:30 – 07:00pm	Training Session Evaluation
07:00 – 08:00pm	Dinner
08:00 – 10:00pm	Defending Goalplayer Actions: Conclusions & Evaluation Frans Hoek & Raymond Verheijen



PROGRAM THURSDAY DECEMBER 18

08:00 – 09:30am	Periodisation of Goalplayer Training - Raymond Verheijen
09:30 – 11:00am	Training Session Preparation: Cooperation within Coaching Staff between Head Coach, Assistant Coach & Goalplayer Coach
11:00 – 12:30pm	Goalplayer Training within NEC Nijmegen Under 19 Team Training Delivered by Frans Hoek & NEC Nijmegen Under 19 Staff
12:30 – 01:00pm	Training Session Evaluation
01:00 – 02:00pm	Lunch
02:00 – 03:30pm	Analysing Goalplayer Actions in Defending Set Pieces - Frans Hoek
03:30 – 05:00pm	Training Session Preparation
05:00 – 06:30pm	Goalplayer Training within NEC Nijmegen Under 15 Team Training Delivered by delegates and mentored by Frans Hoek
06:30 – 07:00pm	Training Session Evaluation
07:00pm	Closing



REGISTRATION

DELEGATE FEE EARLY BIRD

Register before November 1:

Single Room

€ 995

(excl. VAT)

Shared Room

€ 895

(excl. VAT)

DELEGATE FEE REGULAR

Register after November 1:

Single Room

€ 1095

(excl. VAT)

Shared Room

€ 995

(excl. VAT)

This delegate fee includes: three full course days, FCE certificate, hotel room for two nights, breakfast, lunch, dinner and coffee breaks.

Register by sending an email to info@fcevolution.com



LOCATION

NEC Nijmegen Academie

Sportpark Eendracht

Steinweglaan 3

6532 AE Nijmegen

**INTERESTED?
REGISTER NOW!**

www.fcevolution.com

info@fcevolution.com



TERMS & CONDITIONS

Practice what you preach

By registering for this course you confirm that you will arrive in time before the start of the course and will not depart any earlier than the closure of the course on the final course day. During the course you will have the same professional behaviour as you expect from your players on a daily basis.

‘Dressing room’ learning environment

As a coach you take your players outside their comfort zone to allow them to improve. You create uncomfortable and challenging situations for your players to adapt and you expect them to deal with it. This is what we call overload. World renowned coach educator Raymond Verheijen is well-known for applying this exact same principle when educating coaches. So, this course will not be your normal comfortable coaching course. Instructor Verheijen will create his famous challenging and uncomfortable ‘dressing room’ environment to help accelerate your development as a coach. Please only register if you are ready to challenge yourself and your beliefs.

Cancellation and refund

Course fee is non-refundable after registration and payment.

Limitations of Liability

On behalf of yourself and your heirs, successor and assigns, you hereby acknowledge and accept that neither Football Coach Evolution nor its Affiliates shall be liable or responsible to you (or anyone claiming through you) for any indirect, incidental, consequential, special, exemplary, punitive or other damages under any legal or equitable theory (including without limitation, contract, tort negligence, strict liability, statute, regulation, rule or other theory) arising out of or relating in any way to the Course or any Service and/or any recommendation, news, information or other content, product or service received or obtained through the Course or any Service, including without limitation any service, product or content from any third party service provided. Your sole remedy for dissatisfaction with the Course or any Service is to stop using it.